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| Menu |  | Week 3 |
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| English Breakfast Recipe: How to Make a Traditional Full English |
| Tuscan Tuna Melt Flatbread Pizza |
| Spaghetti and Meatballs Recipe - Love and Lemons |
| 10 Perfect Pizza Recipes | Homemade Pizza | Tesco Real Food |

 |  | **Monday*** Full EnglishBreakfast – Sausage, or Quorn Sausage, Bacon, Scrambled Egg, Tomatoes, Mushrooms, Toast and Baked Beans

**Tuesday*** Tuna Melt loaded Pitta Bread served with Wedges and Salad
* Tortilla Wraps with a Selection of Fillings served with cucumber & carrot sticks

**Wednesday*** Roast Dinner Served with all the Trimmings
* Hot Roast Beef sandwich served with Criss cut Potatoes & Vegetables

**Thursday*** Meatballs in a Tomato sauce served with Spaghetti, Garlic Bread, and Vegetables
* Vegetarian Tomato Sauce Served with Pasta and Garlic Bread

**Friday*** Chicken Burger served with Chips and Baked Beans or Peas
* Home-made Pizza Served with Chips and Baked Beans or Peas
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