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| Menu |  | Week 3 |
| |  | | --- | | English Breakfast Recipe: How to Make a Traditional Full English | | Tuscan Tuna Melt Flatbread Pizza | | Spaghetti and Meatballs Recipe - Love and Lemons | | 10 Perfect Pizza Recipes | Homemade Pizza | Tesco Real Food | |  | **Monday**  * Full EnglishBreakfast – Sausage, or Quorn Sausage, Bacon, Scrambled Egg, Tomatoes, Mushrooms, Toast and Baked Beans   **Tuesday**   * Tuna Melt loaded Pitta Bread served with Wedges and Salad * Tortilla Wraps with a Selection of Fillings served with cucumber & carrot sticks   **Wednesday**   * Roast Dinner Served with all the Trimmings * Hot Roast Beef sandwich served with Criss cut Potatoes & Vegetables   **Thursday**   * Meatballs in a Tomato sauce served with Spaghetti, Garlic Bread, and Vegetables * Vegetarian Tomato Sauce Served with Pasta and Garlic Bread   **Friday**   * Chicken Burger served with Chips and Baked Beans or Peas * Home-made Pizza Served with Chips and Baked Beans or Peas |